

Exeter Radar (North)	128.980
Exeter Radar (South)	123.580
Exeter Tower	119.805
Exeter ATIS	119.330
Bristol Radar	125.650 (Listen SQ 5077)
Cardiff Radar	125.855
Cardiff Tower	133.100
Cardiff ATIS	132.480
Bournemouth Radar	119.475 (Listen SQ 0011)
Newquay Radar	133.405
Yeovil Radar	127.350
Dunkeswell Radio	123.480
Compton Radio	122.710
Safety Com	135.480
London Information	124.750